



Sports Magazine

First Edition
2022-2023

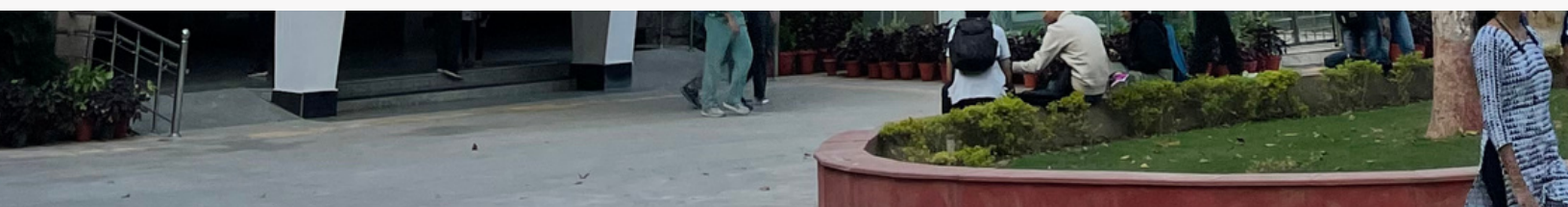


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MESSAGES

MESSAGE FROM CHAIRMAN TTD & COLLEGE GOVERNING BODY

I take immense pride in congratulating the Convener, Sports Committee, Head, Department of Physical Education, and the magazine committee members for bringing out the first and inaugural edition of a sports magazine, "Sportika", which is a platform to share their experience, achievements and display their caliber in various formats. The inaugural issue encompasses "A Journey of SVC in Sports," showcasing our students' achievements at national and international levels. The magazine will remain a countless inspiration and attraction for young students of our college.



The cumulative efforts of the hard-working students and equally devoted faculty have borne fruit in the form of this insightful magazine. I take this opportunity to sincerely appreciate the sheer dedication and perseverance of the Principal, faculties, and students involved in successfully releasing the sports magazine. I wish the students good luck in their future endeavours.

Y. V. SUBBA REDDY
Chairman TTD and College
Governing Body

MESSAGE FROM PRINCIPAL'S DESK



"Don't take rest after your first victory because if you fail in second, more lips are waiting to say that your first victory was just luck."

~Dr. APJ Abdul Kalam

It gives me immense pleasure to know that together the Department of Physical Education and Sports Committee are introducing the first edition of sports magazine. This magazine bears the same vibrant energy which the department has been instilling in the hearts of our young sportspersons since its inception.

Striving for a vibrant and dynamic academic environment is a healthy and balanced endeavour. It necessitates the inclusion of students in the college's quality processes. It requires an innovation ecosystem to hone the abilities of students in various programmes to shape them into remarkable change-makers in society. Through a comprehensive approach that combines theory and practice in pedagogy, the goal is to make learning an enriching, gratifying, and joyful experience through a multidisciplinary approach in education.

The magazine very creatively emphasizes our students' skills, intelligence, sportsmanship, and accolades obtained in different tournaments. It is wonderful to see the persistent efforts of the Department of Physical Education and Sports Committee culminate in a treasure book, reliving the nail-biting tournaments, the path of noteworthy alumni in the field, big victories and events.

I commend everyone involved in the making of the first issue of the magazine. Hopefully, it will only evolve for the better with grander achievements each year from here. All the best.

Prof. C. Sheela Reddy
Principal

MESSAGE FROM SPORTS COMMITTEE CONVENER

When one's passion is realized, success finds its way, and in an effort to culminate the passion and efforts of all those involved, I take a lot of pride in presenting the first edition of "Sportika", our annual Sports Magazine.



The objective of this magazine is to exhibit the various activities, extracurricular, the joys and achievements which we have lived passionately over the years. As we celebrate the diamond jubilee of SVC, I look back at and appreciate the joint efforts of the faculty and students, who have worked hard to organize and provide the opportunity to everyone to participate in the various events organized, and to boost everybody's involvement in the dynamic field of sports. We believe that every student imbibes the caliber to shine, and we are dedicated to help them in this journey through various events and facilities.

The college has evolved to encompass great Sports facilities. The college hosts oldest cricket academy in Delhi, Sonnet. We have facilities for Basketball, Cricket, Football, and Indoor Facilities for Chess, Table Tennis etc. Our students have participated at International level and have secured achievements in fields like cricket, trap shoot etc. Many Arjuna Awardees have also emerged.

I congratulate the faculty and students who have worked to bring this magazine together. I hope all of our students search for their own endeavors, work towards them and achieve new heights every day. May strength, trust and hard work guide us through every journey we undertake. Onwards and Upwards.

*Dr. Kameshwar Sharma VNR
Convener, Sports Committee*

MESSAGE FROM THE HEAD OF DEPARTMENT OF PHYSICAL EDUCATION



Greetings to all!

Sri Venkateswara College is one of the premier college of University of Delhi. It is known for excellence in both academics as well as sports.

Physical Education and Sports Committee play a crucial role in offering an excellent, healthy and happy student environment by involving students in various sports activities. Sports is a way of life for students' good health and fitness and for achieving laurels in life.

The Department of Physical Education of the college strives to inculcate appropriate values and qualities required to develop sports-persons and encourage the spirit of participation. With the support of college, the Department encourages student participation at International, National, University and State level. We, in the Department of Physical Education of Sri Venkateswara College, strive hard to provide a wide range of indoor and outdoor sports activities. We encourage not only the students enrolled through sports quota, but other students also to actively participate in sports which would enhance their self-expression and help them in socializing by giving them chance to interact with others. Our students graduate as physically, mentally, socially and emotionally strong individuals to face the challenges of life.

I congratulate The Sports Committee for bringing out this magazine which showcases the talent of our students enrolled in sports. It would motivate more and more students to come forward and make sports a part of their lives.

Best Wishes!

*Dr. Narendra Gaur
Head
Department of Physical Education*

SPORTS



COMMITTEE



Dr. Kameshwar Sharma
Convenor
Deoartment of Biochemistry



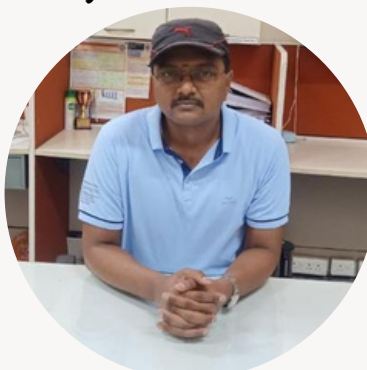
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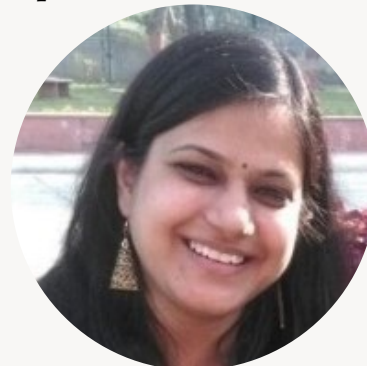
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(2021-2024)

JOURNEY OF SVC IN SPORTS

Sports as an extracurricular activity is like a de-stressing freshly brewed cup of coffee for some or maybe a method for others to vent out whatever high energy burns inside them, or it may simply be the ultimate expression of love. Sri Venkateswara College's physical education department not only moulds veterans but also welcomes newcomers with open arms.

Sri Venkateswara College was founded in 1961 by three stalwarts, Smt. Durgabai Deshmukh, Shri K. L. Rao, and Shri C. Anna Rao as a constituent college of the University of Delhi. Since then, the Department of Physical Education was established. It has provided students with the most diverse range of sports on campus. It hasn't always been smooth sailing for the department, as many professional facilities were not available on campus for vigorous training during the college's formative years, but the system has greatly evolved since then, and it now has one of the best comprehensive training pieces of equipment, referees, and trainers who have trained many athletes from the college and the city.

The infrastructure includes both outdoor extracurricular activities, and indoor sports such as chess, table tennis, and carom. The college cricket field has hosted several inter-college matches, district-level competitions, and many key events viz; the audition of CWC 2019, and Indo-Australia tie-ups. The college has state of art synthetic lawn tennis courts and basketball courts. The college has a basic Badminton Court and proposed for indoor court. Students use the playing field for their regular practice and many have emerged as professional athletes, to name a few Rishabh Pant (international cricketer), Eshaan Duggal (Indian badminton player), Tania Sachdeva (national level chess player), and Naman Bhargava (Delhi state badminton champion) and so on. The college is the first of its kind in DU, to impart the co-education in maximum sporting events like Cricket, Badminton, Tennis, Basketball etc.

JOURNEY OF SVC IN SPORTS

When Indian society was solely favouring male-dominated matches in the 1960s, the college encouraged and recognised the potential of its female students and made unprecedented moves for the inclusion of females in sports.

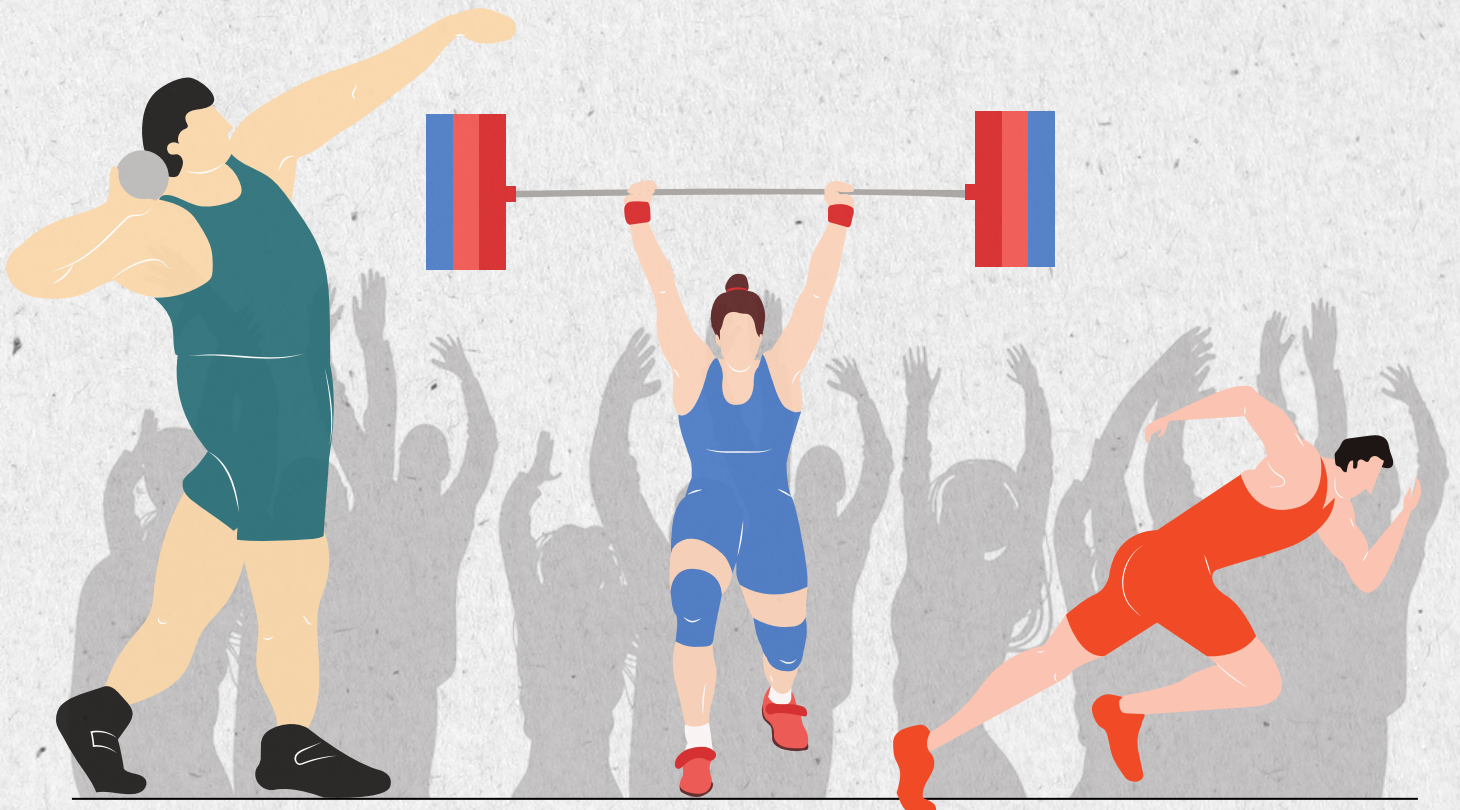
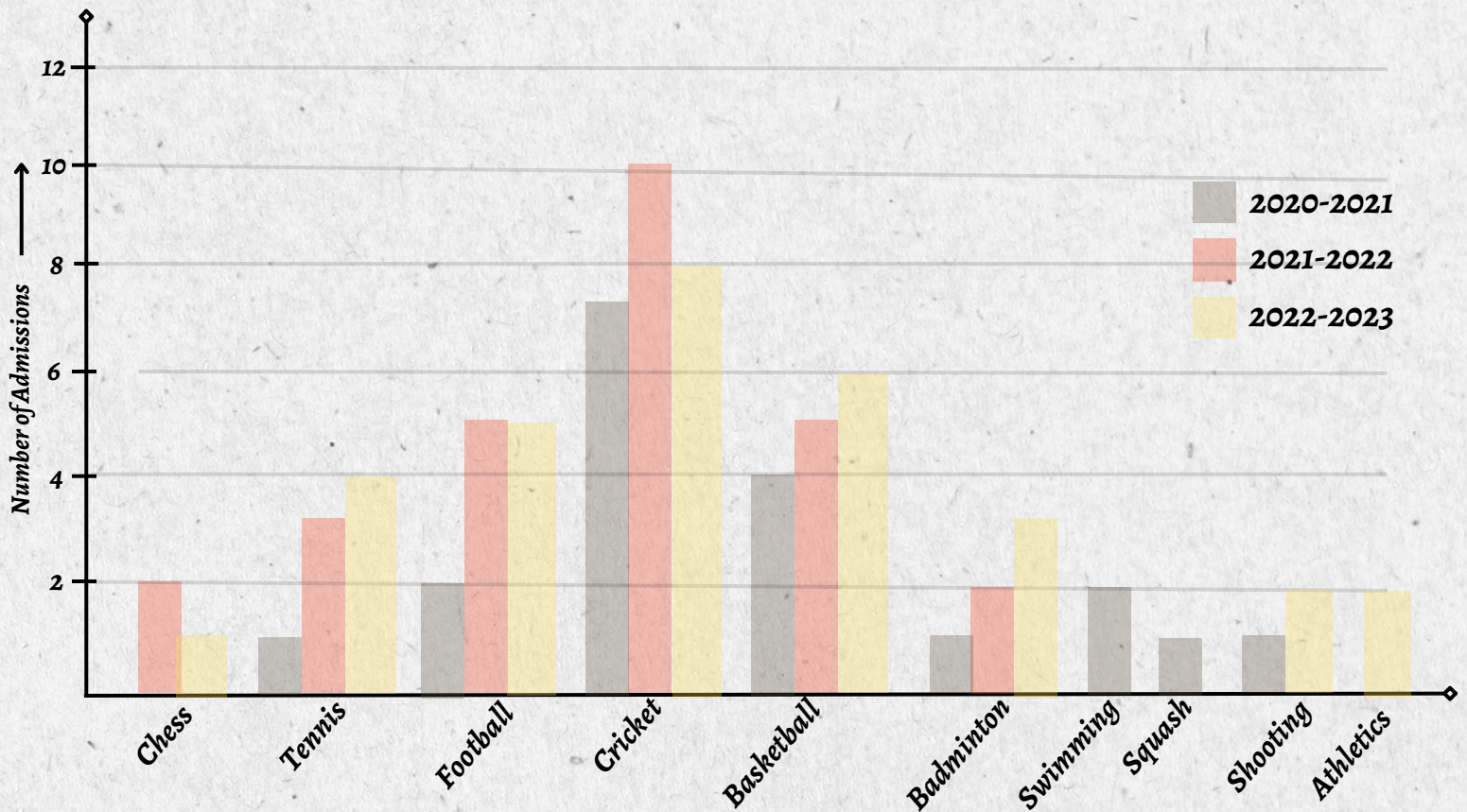
This magazine attempts to retrace and is an amalgam of tournaments, triumphs, and famous alumni. This may serve as a motivator for aspiring national and international level athletes. The team Magazine Committee along with the Department of Physical Education and Sports Committee introduces the first-ever annual sports magazine 'SPORTIKA', 2023.

Happy reading!



Men's Cricket Team of Sri Venkateswara College with Principal Prof. C. Sheela Reddy and Head of Sports Department Dr. Narendra Gaur

SPORTS QUOTA ADMISSIONS



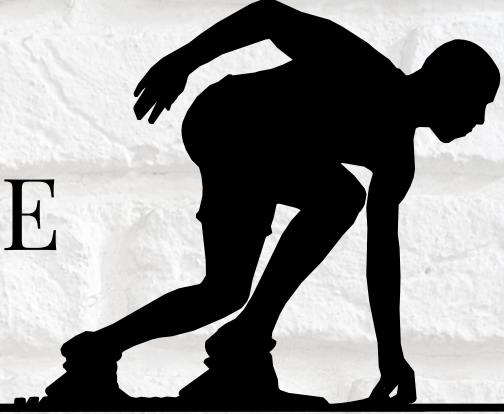
A NEW ADDITION- WOMEN CRICKET TEAM

The women cricket team incepted at Sri Venkateswara College on August 29, 2019, setting a good precedent for all co-ed colleges of Delhi University, which is first of its kind. Supervision of Dr. Kameshwar Sharma, the Sports Convener, and Dr Narendra Gaur, Associate Professor of Physical Education, the players were provided with cricket kits and shoes by the Department of Physical Education. Players had their first match against Gargi college in the Inter College Delhi University League for Women, in the year 2020. Although the team lost, the players' spirits were unbroken and they were eager to improve and succeed again. Presently, the team consists of twenty players under the leadership of captain Shreya Rao and vice-captain Dipsy Dhanda. The team also got to meet our college alumnus, Rishabh Pant, a prominent cricketer of the Indian cricket team which boosted the team's morale multifold. Covid which devastated the globe and created terror, but our players did not give up and maintained their spirit high and bounced back post Covid.



The team was formed by identifying the players from the general admissions and identifying their potential.

RECENT INFRASTRUCTURE DEVELOPMENT



The college has developed the state-of-the-art synthetic Tennis and Basketball Court with the support of College Trust T.T.D to impart its facility for students to excel more in their chosen sports fields. The Sports Committee and Department of Physical Education are consistently working hard to maintain the facility for its use by students.

The recent initiatives taken by the sports committee and the department of physical education are enlisted.

1. **Newly Constructed male and female dressing rooms**



2. **Synthetic tennis court with illuminated lights**



3. Synthetic basketball court with illuminated lights



4. Digital scoreboard- Cricket



5. Volleyball Court



6. Open Gymnasium



7. Table Tennis



8. Cricket Ground and Practice Nets



INDOOR FACILITIES @ SVC



S

ri Venkateswara College for the holistic development and well-being of its students strives toward to bring the best sports infrastructure to them.

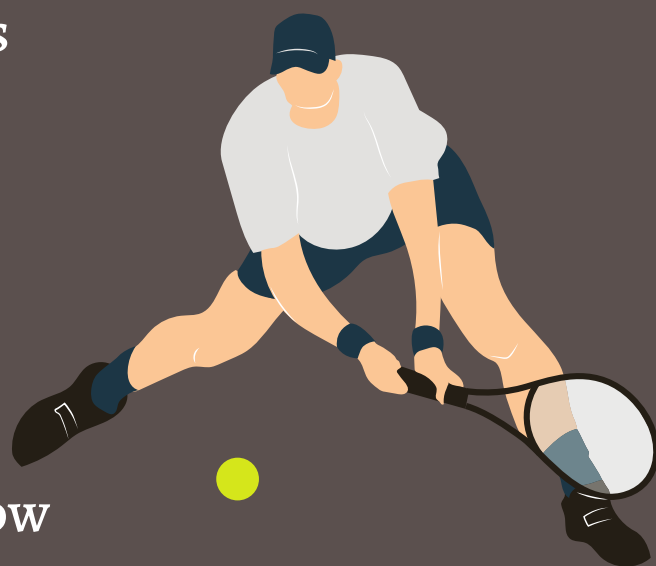
The college provides its students with various indoors and outdoor sports facilities.





SPORTING EVENT/GAMES ENCOURAGED BY THE COLLEGE

- Athletics
- Basketball
- Badminton
- Chess
- Cricket
- Football
- Tennis
- Table tennis
- Squash
- Swimming
- Fencing
- Boxing
- Shooting
- Javelin Throw



The college encourages students to work out and excel in games such as fencing, swimming, boxing, shooting, and javelin throw by hiring coaches and having tie-ups with its specialized centres, though the college can not accommodate all events.

GEMS OF SVC

Sri Venkateswara College has been home to several illustrious sportspersons who have brought laurels to the nation and Venky takes immense pride in them.

Rishabh Pant



Picture credit: Twitter handle of Rishabh Pant

There is nothing called pressure. I understand that there is expectation, but if there is any pressure, I don't feel it; says Rishabh.

Pant made his debut for India in T-20 Internationals against England 2017, at the M. Chinnaswamy Stadium, Bangalore on 1 February 2017. He is the second youngest player for India to debut in a T20I match at the age of 19 years. In May 2022, Pant was appointed as the vice-captain of India for the South Africa tour of India.

Rishabh Pant, an Indian cricketer who represented India at the International level, is one of the notable alumni of Sri Venkateswara College. He began his journey in 2015 with Ranji Trophy Debut at the age of 18. In 2016, he made his IPL Debut with Delhi Daredevils team. Pant's fearless batting style in domestic cricket and India U-19 earned him a lot of attention.



Picture credit: Hindustan Times

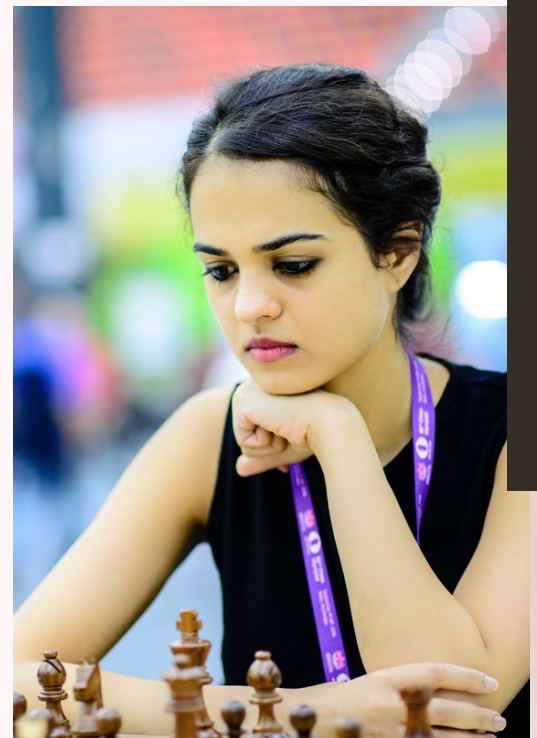
Tania Sachdeva



Picture credit: Redbull.com

Tania has claimed several titles for herself namely Asian women's chess champion in 2007, current Commonwealth Women's Chess Champion in 2016, 2018 and 2019. Tania became the eighth Indian player to be awarded the Woman Grandmaster title. She won India's National Women's Premier Chess Championship in 2006, and 2007 and also won the Commonwealth women's champion title in Kalutara. Being a recipient of one of India's highest sporting honours, the Arjuna Award, which she received in 2009, she was also ranked among the top 50 women's chess players as per the FIDE world chess rankings 2014.

Champions are those who not only win once but also defend their title again. Tania Sachdeva is one such player who with her dedication, concentration, and supreme skills has acquired the FIDE titles of International Master (IM) and Woman Grandmaster (WGM) in the game of Chess. Trained in this sport since a very young age by her mother, she achieved her first international title when she was just eight. She has always played like a ranger, calling out checkmate after checkmate to her opponents.



Picture credit: Wikipedia



Picture credit: Wikipedia

Her glorious career in Tennis and led her to hold another feather in her cap by winning the miss deaf India -2018 and representing India at the Mr and Miss Deaf Asia-2018. In an interview from the past, she revealed how her parents are the biggest pillars in fuelling her zeal and always keeping her motivation high to keep up with the peers in her field.

A finest example of converting a so called physical impairment into one's biggest strength has been shown by our notable Tennis player turned Model alumni Nishtha Dudeja. Despite suffering from almost a complete hearing loss in both ears since birth, she successfully represented India in the 2013 (Sofia, Bulgaria), Deaflympics-2013, World Deaf Tennis Championship -2015 and Deaflympics-2017 (Samsun, Turkey) before her retirement due to a jaw injury.



Picture credit: ABP news

Navdeep Singh



Picture credit: The New Indian Express

He's currently ranked 3rd in the world in F-41 category, and his personal best was 43.78 m. Navdeep revealed in an interview that things were not easy when he first started training (due to his stature). "The spear used to touch the ground when I used to bend backward to throw it. It took time for me to learn things." But with his hardwork and determination, he has proved that nothing is impossible.

Navdeep Singh, a twenty one year old Paralympian and javelin thrower, is a Venkite. Navdeep made his professional debut in 2017 at Asian Para Games. He has achieved five gold medals at National Championships. In 2021, he competed in the 12th Fazza International Championship, Dubai, and clinched the gold medal. This achievement secured him a spot at the Tokyo Paralympic Games, 2020.



Picture credit: Olympics.com

Ayush Badoni



Picture credit: India Fantasy

This talented young gentleman has been trained in the Sonnet Academy and was selected for Team India in the 2018 Junior Asia Cup. Having a keen interest in cricket since childhood, he has also played for his native city Delhi in domestic cricket and against Mumbai in the Syed Mushtaq Ali trophy (2020-21).

Described as a strong, 360 degree player by his peers, Ayush Badoni is a 22 year old young cricketer bought by Team Lucknow Supergiants who caught the eyes of the spectators by scoring a sensational half century under pressure against Gujarat Lions in his debut match in IPL 2022.



Picture credit: Hindustan times

Bhowneesh Mendiratta ➡➡➡



Bhowneesh Mendiratta became the first Indian to earn 2024 Paris Olympics quota in shooting in september,2022. He shot 121/125 in the qualification round of the International Shooting Sports Federation (ISSF) Shotgun World Championship, being held in Osijek, Croatia.

Bhowneesh won Gold (Single), Gold (Team) and Bronze (Mix Team) at the 9th Asian Shotgun Championship held in 2019 at Almaty, Kazakhstan. He represented India at the 14th Asian Shooting Championship organized at Doha, Qatar where he bagged a silver medal (individual) and gold medal (team). He won junior team gold, Senior team silver and junior mixed team gold at the 63rd National Shotgun Shooting Championships in 2019, at New Delhi.

His achievements also include an individual Silver at the 2nd Khelo India Youth games 2019, Pune and mixed team silver at the 3rd Khelo India youth games 2020, Assam.



STUDENT ACHIEVEMENTS 2017-2022



BASKETBALL

The Men's Basketball team of Sri Venkateswara College, University of Delhi represented the college at the Basketball Tournament organized by Jesus and Mary College, University of Delhi in February, 2020.



Men Basketball Team



Women Basketball Team



BADMINTON

Our Women Badminton Team members Mahima Dixit, Kosha and Ariana secured First position in Badminton Tournament organised by Symbiosis Law School, Noida, Uttar Pradesh in February, 2020.

Our Men Badminton Team members Virat, Naman and Kshitiz won the Men's Singles in the Badminton Tournament organised by Symbiosis Law School, Noida, Uttar Pradesh in February, 2020.



Kshitiz and Virat

Kshitiz secured a **GOLD MEDAL** at APRAJIT sports meet in SYMBOISIS, NOIDA. He also claimed a SILVER MEDAL at the same tournament in INDIVIDUAL EVENT. He also represented college at BITS PILANI open tournament in 2018 where he made his way to Quarter finals and in 2019 to Semi finals, held at Pilani, Rajasthan. Secured **BRONZE MEDAL** at 7th surya roshini Indo-Nepal Bandminton tournament held on 9th Feb in New Delhi. Kshitiz also represented college at INTER COLLEGE Badminton tournament in 2018 and 2020 where he qualified upto Quarter finals, held at university stadium. He has participated in All India Senior Ranking Badminton Tournaments held in Bareilly, Jodhpur and Bangalore in the same year.



Eshaan Duggal

Eshaan Duggal is an Indian badminton player and is currently ranked **1** in Delhi in **U-19 category (2019)**. He was three times consecutive state champion during 2018-2020. He was also a part of the Delhi university team, he secured a silver medal in the north zone All India Inter University held at the Lovely Professional University, Phagwara. Duggal represented India in the junior grand prix international series in 2019. He secured a **bronze medal** in the All India Inter University held in Nanded, Maharashtra in 2019. Eshaan also represented Delhi in the all India north zone championship, 2019 and bagged a **silver medal** in the individual event. He represented Delhi University in the Khelo India university games, 2020, held in Bhubhaneshwar, Odisha, an initiative by the Ministry of Sports and Youth Affairs, Government of India.



Naman bhargava is a former delhi state champion in badminton during 2017 who won the **state title** at Ludlow castle held on 28th August 2017. He has been a consistent performer at both state and national level competitions and being 9 times delhi **state runner up** consecutively in boys doubles category. He was selected for the Indian badminton team camp for the world school and Asian school games team event held at Agra, Uttar Pradesh on 1st April 2018. He was a part of Delhi School National team Under-19 category in the year 2018. He represented Sri Venkateswara College and won **gold medal** at 'Aparajit': a badminton event organized at Symbiosis Institute, Noida held during 14th February to 16th February, 2020. He secured **second place** in the inaugural Delhi badminton league and was a the part of Thunderbirds team in delhi badminton league held at Thyagraj Stadium from 24th January to 28th January 2020, where he secured second position.



Naman Bhargava

Kosha Trivedi secured a **gold medal** at BITS Open Sports meet held at BITS Pilani in 2018. She claimed **bronze medal** at Gujarat state ranking tournament 2018. Her achievements include silver medal at "Aahvaan" sports fest of Delhi Technological University, gold medal in "Sportech", annual sports fest of IIT-Delhi and Silver medal at SPREE sports festival organized by BITS Goa in 2019. She represented Sri Venkateswara College in BITS Open Sports meet, 2019 where she secured a **silver medal**. Kosha got a gold medal at Symbiosis, Noida Sports Fest, 2020.



Kosha Trivedi

BADMINTON

Advit Bhargava of the B.A. programme (History + Political Science) stood second in the north zone university badminton tournament 2022-23, which was held at MD University from November 22 to November 27, 2022. He was qualified for the All India University Badminton Tournaments in January 2023



Advit Bhargava

RECENT TOURNAMENTS

1. BITS Pilani (BOSM'22) 14th -18th October Men's Team **(Winners)**
2. BITS Pilani (BOSM'22) 14th -18th October Women's Team **(Bronze)**

RASHIMI PRASHAR **Statistics (Hons.)**

She participated in ALL India Senior Double Badminton Tournament held At Patna. She secure first position at IIT Delhi Badminton Inter college competition and first position at G.B. Pant Government Engineering College Badminton competition .



Delhi University Badminton (M) Team with the Runners up trophy

SWIMMING



Simran won first position at the Inter College Swimming and Diving Championship held during 2019-2020 organised by University of Delhi, Delhi.

Kashvvi, Anjali, Ariana, Tejaswani collectively won 1 Gold, 6 Silver, 7 Bronze medals in BITS Open Sports Meet (BOSM) at the Birla Institute of Technology and Science, Pilani, Rajasthan in September 2019.

MANSI TOKAS B.A (P)

She won one gold medal and two silver medals in the Delhi state swimming competition. She won three gold and two silver medals in the BITS Pilani (Rajasthan) swimming competition. She then competed in the Senior Nationals in Bhopal. In the same year she participated in Delhi state Aquatic championship and grab three gold medals, one silver and two bronze medals.

She competed in senior National swimming competition held at Kerala.

ASHISH DAHIYA B.A (H)

He won three silver and three bronze medals in Haryana and eight medals in individual competition at BITS Pilani (Rajasthan). He then competed in the senior national swimming competition in Bhopal and senior national swimming competition in Kerala. He competed in the Sonipat District swimming competition and won four gold medals and one silver medal. He was adjudged the best swimmer in the District swimming competitions, and on addition he won five gold medals and one brownz at the BITS Pilani Open.

KAMAL DAGAR B.A (P)

He won one gold medal and two silver medals in Delhi state swimming competition.

He won three gold and 2 silver in BITS Pilani (Rajasthan) swimming competition . He participated in senior National held at Bhopal .

He competed in the senior swimmingcompetition held at Kerala.

FOOTBALL



The Football team of Sri Venkateswara College, University of Delhi secured first position in Delhi University Inter College Football Tournament Championship organised by Nisha foundation during July, 2019.

Sri Venkateswara College football team competed at Galgotias University in early 2022. The tournament featured around ten teams. Our team secured a massive win with an 8-0 final score.

The Delhi University Sports Council (DUSC) hosted an inter-college football tournament in December 2022, inviting teams from all of the university's colleges to compete. Throughout the tournament, our team was unbeatable. The final match pitted Sri Venkateswara College against Shaheed Bhagat Singh College. Team SVC won the game comprehensively with 5-0 and outperformed in the tournament. Our team delivered an outstanding performance. H. Pausuang Mungte Ngaithe was adjudged top scorer, and Bijoy Gosai was named Most Valuable Player.



Bijoy Gosai won the Golden Boot/Man of the Series award in the Shaheed Bhagat Singh Football Cup, earning a cash prize of one lakh rupees.



The football team finished the year on a high note, second in the Reliance Youth Sports held between November 1 and 30, 2022.



H. Pausuang Mungte, Delhi League A-division Shakti FC

Team SVC won the football tournament held in BITS Pilani, Rajasthan, from October 13 to 18, 2022. Team SVC completely dominated the tournament and went undefeated in the tournament. Our team delivered an outstanding performance. H. Pausuang Mungte Ngaithe was named top scorer, and Bijoy Gosai, B.Com student was named Most Valuable Player for the second time in the same calendar year.



Amit Thappa. played for chhatrasal FC at Shaheed Bhagat Singh College.



Prananjay Singh, Delhi Premier League-Royal Rangers.



Bijoy Gusai, champions of Delhi Premier League, 2022-23 (Vatika FC)

CRICKET

The college's men's cricket team is very active and competes to its best. The team won the cricket tournament held at BITS Pilani in Rajasthan (October 14th to 18th, 2022). The team received a cash prize of Rs. 20,000.

The team competed at IIT Jodhpur (November 4th to November 7th, 2022), and won the runner-up trophy.

Redbull hosted a tournament at Shivaji College, University of Delhi, in September, where in 10 teams have participated in the event. Our team performed admirably and finished fourth. PGDAV, SGTB Khalsa, Zakir Hussain, and Sri Venkateswara College participated in a series of friendly matches organised by our college. Our team defeated the PGDAV team in the series.





Aryan Dalal has represented India at the U-19 level and is currently representing Delhi. He has been chosen to attend the NCA camp in Wayanad, Kerala.



Rahul Chaudhary is currently representing Delhi in Men's U-25



Jayesh Pandita and is currently representing Rajasthan team in U-19 tournament at national level



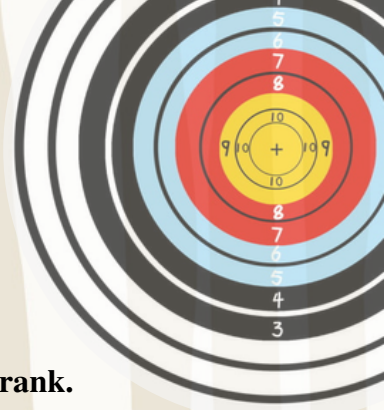
Aryan Arora captained college team in Pilani and Jodhpur.



Tanisha Singh is the Vice Captain of Delhi Cricket senior women team and has represented Delhi University for North Zone Inter-University held at Shimla



SHOOTING



SAUMYA GUPTA

Gupta participated in ISSF Championship held at Moscow, 2017 and achieved world rank. She was ranked one in Junior Shooting Girls for India. Other laurels include silver medal in 9th international junior shotgun cup held at Finland, gold in junior category and silver in senior category in Delhi State shooting championship and getting selected for world university games to be held in Malaysia. She was a participant in 62nd national shooting championships Jaipur (2018) stood 2nd in senior trap shooting championship, finished 1st in junior trap shooting, finished 2nd in mix double in senior trap shooting. She was the recipient of gold medal in all India trap shooting championship held at Patiala.

LAKSHJEET SINGH SANDHU

Sandhu was the member of Indian shooting team, selected for Participation in International junior Shot Gun Competition held at grand prix Germany and stood 4 . He also won Gold medal in North Zone Shooting Championship and Member of India junior shooting team eventually team India won the gold medal at international Grond Prix 2018 Changwon).

SURAJ BHAMBANI [NATIONAL SHOOTER]

Bhambani won bronze Medal in 10 mt Air Pistol and 50 mt free Pistol in National Shooting championship . Stood 5th in 50 mt free pistol in All India Inter University Shooting Championship. He got selected for ALL India Inter University Air Pistol Shooting Championship held at Punjab university Chandigarh. Won bronze medal in Delhi University Air Pistol shooting championship.



FAHD SULTAN [INTERNATIONAL SHOOTER]

Won Gold Medal in North Zone Shooting Championship

ANNUMATI CHARAN TEJA

Qualified in the Delhi State competition which was held in September 2022.



GOLF

SAARTHAK CHHIBBER, B.A. [P] 1ST YEAR

He represented India in Asian golf championship under 18.

SHAGUN NARIN, B.A [H] ENGLISH

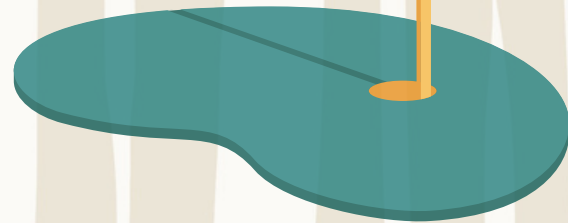
She is the member of Indian golf women team and participated many golf competitions

ADITI BENIWAL, B.A. [P]

She participated in national level golf competition

DOLAMA RAWAT, B.A. [P]

She participated in national level golf competition and professional player.



CHESS



Abhinav Chauhan secured first position in the Chess tournament organised by Rajdhani College, University of Delhi on 18th February, 2020. He bagged second position in 'Wazir', Chess Competition organised by Ramanujan College, University of Delhi in March, 2020.





KARATE

Saruby Sharma, B.Sc. (H) Biochemistry won 1st place in ISKF North India Open Karate Championship organized by Indo Shotokan Karate-Do Federation in January, 2019.

SQUASH

SHIBBI BATAR, B.COM (HONS.)

She represented University of Delhi for All India Inter University squash championship and won bronze medal.



KORF BALL

KHSHAL SINGH ROJHA, B.A. (P)

He has represented University of Delhi in Korf Ball All India Inter University Korf Ball held at Pune .



LAWN TENNIS

Mallika Ambastha, Pranidhi Rajvanshi represented Sri Venkateswara College and won a Bronze medal in Lawn Tennis event of BITS Open Sports Meet (BOSM) at the Birla Institute of Technology and Science, Pilani, Rajasthan in September, 2019.

EQUESTRIAN SHOW JUMPING

TEJAS DHINGRA, B.COM (P)

He won in the international competition held at Germany and become the first Indian rider to achieve the success fast.

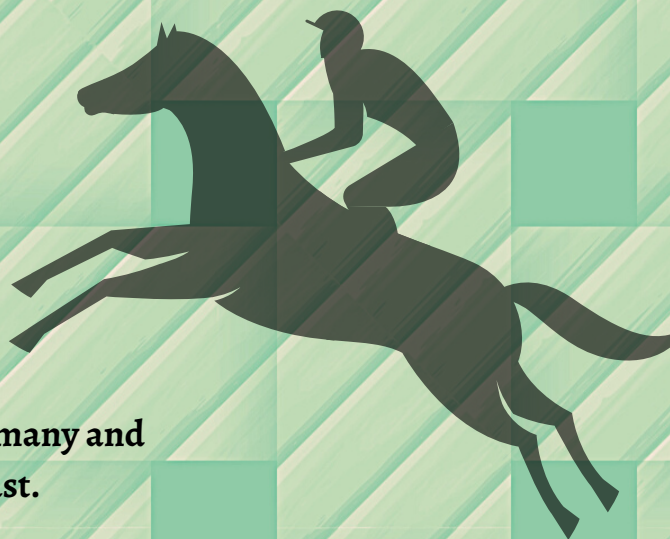
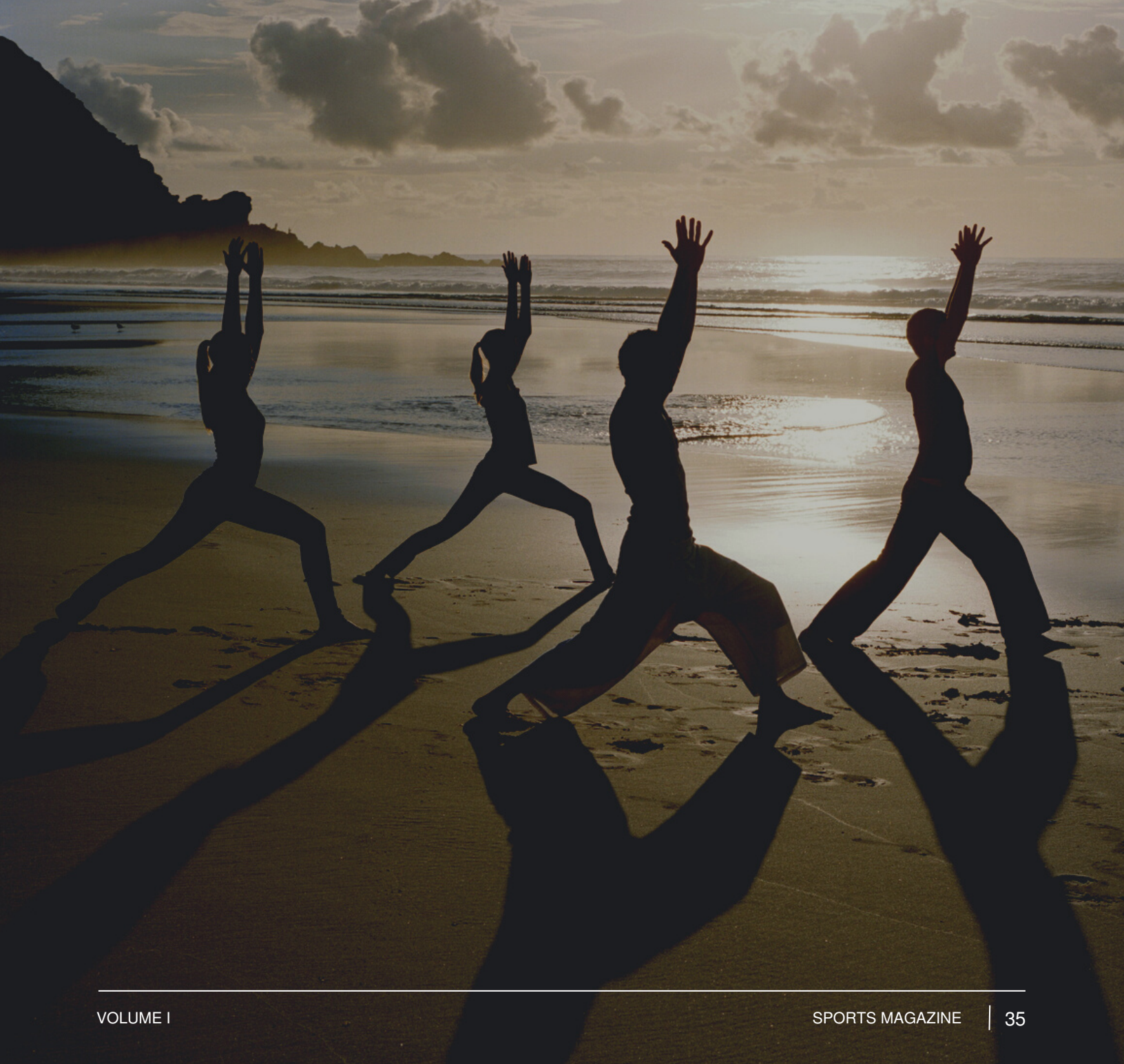


TABLE TENNIS

HARSHVARDHAN OJHA, B.A. SOCIOLOGY (H)

He participated in Rajasthan State Table Tennis Tournament.

SPORTS FOR STAFF



PRINCIPAL'S TROPHY



Teaching Staff and Non- Teaching Staff used to play friendly cricket matches in a healthy and competitive spirit, from the regime of former Principal, Stalwart and renowned academician Late Dr V. Krishnamoorthy. Later on this legacy has been continued by former captain teaching staff SVC and Rtd. Associate Professor Department of Chemistry, Dr. Khurana.

Teaching and Non- Teaching Staff are two important pillars of the college along with students to build a strong institution for a better world. The cricket match between these two teams brings the brotherhood and better coordination for collective framework of the college.

In order to bring more energy and enthusiasm to the game, Principal's trophy was introduced in the year 2019 by the sports committee led by Dr Kameshwar Sharma The committee is thankful to the then Principal, Dr P. Hemalatha Reddy for considering the request and accepting for the same. This trophy is a rolling shield and tally is maintained between these two teams. In practice, two matches are organised between these two teams in an academic year, one in odd semester (Oct/Nov) and the other in even semester (Jan/Feb). This engages all the players to be active, fit and enthusiastic towards the game of cricket.



DR. V. KRISHNAMOORTHY MEMORIAL T-20 CRICKET TOURNAMENT (FACULTY, MEN)

About the Competition:

Dr. Velagalety Krishna Moorthy was a vibrant Principal, (tenure 1961-1996). He introduced a variety of Honors courses in Science, followed by Arts and Commerce. During his 22-year term as Principal, the institution rose to new heights and became one of the University of Delhi's flagship institutes.

The Sports Committee of Sri Venkateswara College organizes the Krishnamoorthy Memorial T-20 Cricket Tournament in his honor and memory at the college's cricket ground.

The First Edition:

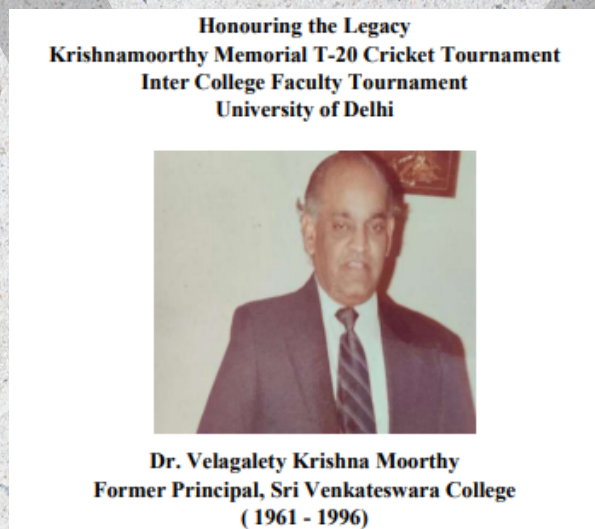
The event was held for the first time in 2016 (for the academic year 2015-2016), with three teams competing: Hindu College, Kirorimal College, and the host Sri Venkateswara College. Sri Venkateswara College defeated Kirorimal College in a nail-biting conclusion, and SVC was crowned champion.

The Second Edition:

The second edition of KMT was also held in 2016 but for the academic year 2016-2017. The number of competing teams increased from three to eight in this round. Sri Venkateswara College repeated as champion, defeating Acharya Narendra Dev College convincingly in the finals.

The Third Edition:

The tournament's third edition was held in 2019 (for the academic year 2018-2019), with eight different college teams competing for the title. Sri Venkateswara College won the competition for the third time in a row, defeating Sri Aurobindo College in the final. Shri Col V. Satyanarayana (younger brother of Late Dr. V Krishnamoorthy) was invited as the final match's special guest, to witness the final encounter and for prize distribution ceremony.



The Fourth Edition

As the competition grew its popularity, more colleges of the University of Delhi expressed their interest for the same. The number of competing teams grew from eight to ten in the fourth edition of KMT, which was held in January 2020 (in the academic session 2019-2020). This time, Kirori Mal College triumphed over MLN College (Evening) in its final.

The Fifth Edition

It is encouraging that Dayal Singh, Gargi, Hindu, MLNC (E), KMC, Shivaji, Sri Aurobindo, ANDC, RLA, ZHC (E), and Deshnabdh participated in the 5th KMT during 17-26th March, 2021. Despite the Covid 19 pandemic, the competition was finished smoothly, and Sri Venkateswara College won the trophy for the fourth time against MLN College (E) by 8 wickets and 5 overs to spare when chasing 198 runs. Dr. Kameshwar Sharma was adjudged the Man of the Match for final for scoring 92 runs not out in 49 balls (17 fours).



BADMINTON TOURNAMENT



The Sports Committee hosted the Diamond Jubilee year Badminton Tournament for teaching and non-teaching staff members at Siri Fort Auditorium in New Delhi in July-August 2022. The event was organized by Dr. Amit Kumar Jha, (Member of Sports Committee). Resonable number of players took part in the event and brought a lot of excitement to the event.

Dr. CS Rawat and Mr. K. Madhusudan won the event in the teaching and non-teaching categories, respectively. Dr. Rajni Arora won the teaching category in the women's singles. Men's doubles winners were Dr. CS Rawat and Dr. Jai Vinod in the teaching category, and Mr. Sandeep and Mr. Chanderpal in the non-teaching category. Dr. CS Rawat and Ms. Aanchal won the mixed doubles event.



TABLE TENNIS TOURNAMENT

The Sports Committee organized a faculty table tennis tournament on 22 July, 2022 with the help of the Department of Physical Education. Six faculty members took part in the tournament- Prof. Anant Pandey, Dr Kameshwar, Mr Anirban, Dr Rangarajan, Dr Amit Kumar Jha, Dr Jitesh Rana. Dr. Kameshwar Sharma defeated Dr. Jitesh Rana in the Men's Singles, final encounter.

The duo of Dr. Kameshwar Sharma and Dr. Rangarajan defeated the team of Dr. Amit Kumar Jha and Dr. Jitesh Rana in the Men's Doubles category.



First Ever

MIXED GENDER T-10 CRICKET MATCH

At Sri Venkateswara College



A Faculty Level Match

The first ever Mixed Gender tournament is an idea which was brain child of Sports Committee led by Dr. Kameshwar, where the faculty (men and women) will get a chance to participate together. There was good response across the teachers of different disciplines, subjects, age groups and resulted in the formation of four different teams to participate for the event. Amongst the Departments, the Department of Mathematics responded to participate with their complete faculty members along with their sister departments, as one team.



“Be it, men or women, cricket is one game, and I want to urge fans to break the boundaries that exist in their mind that divides the sport by gender. Equality in sports is ultimately a reflection of equality in life, and if we want a better tomorrow, then we need to say #ChallengeAccepted and start breaking down all stereotypes.”

-Virat Kohli

Objective of this initiative:

- To have more healthy interaction on the field amongst our college colleagues in the game of cricket.
- To empower women cricket in the college (women students), this will be an inspiration.

GAME RULES:

1. Per Innings ten (10) overs will be bowled.
2. Match shall be played with Tennis Ball (Cosco) only.
3. Each team must have minimum of 4 female teachers in the playing eleven. Therefore, team captain must ensure while submitting the thirteen member squad.
4. Wide/No ball, Byes etc. as per the rules of cricket.
5. A bowler in a team can bowl maximum of 2 overs.
6. Any batsman / batswoman scoring 25 runs or more will be retired from the innings and if the team gets all out then he/she may come for batting again for their side.
7. Umpires decision is final
8. Cricket bat and balls shall be provided by the Department of Sports, SVC.
9. Dress code for the match is White (lower) and White (T shirt).
10. Code of conduct of rules (A healthy atmosphere) should be followed throughout the tournament.



STORY OF MIXED GENDER T-10 TOURNAMENT 2019

Total four teams were the part of the most awaited and excited Mixed Gender Cricket Tournament. Teams were decided through the draw system by sports committee members, Dr Anunay Chaudhary, Bursar & Associate Professor, Department of Physics, SVC.

As per the draw the teams and their encounters are viz;

Team A - Dominant Predators vs Team B - Chemistry et al,

Team C- The Warriors vs Team D - Mathematics

MATCH 1

First match of the most awaited tournament kick started with the Dominant Predators taking on the Chemistry et al.,

The cricket ground had been well prepared to mark the occasion and the audience stands were packed to capacity. The event started with the introduction of players by the Principal of the College who then tossed the coin and was won by the Chemistry et al team decided to field first. Dominant Predators had a slow start with the batting duo of male and female teacher. Later on the dashing batsman Dr Arvind took over the charge in the middle order and gave a decent finish to their side. Chemistry et al won by 6 wickets with 2.3 overs remaining with their strong batting side and qualified for the final of the tournament. Female teachers hardly got a chance to chip in.



MATCH 2

Team warriors and the Team Mathematics encountered in the second match of the tournament. Team Mathematics won the toss and captain Dr. Swarn Singh decided to field first. The Warriors had a steady start with their captain Dr Meenkashi Kuhar and Dr Anant Pandey (Vice Captain). Later on the innings was stabilized with rapid fire 26* (retired hurt as per the game rule) by Dr Kameshwar Sharma. In response Mathematics had good start with their female opwnwers a good chance and in the middle order Dr. R. K. Budhraj played a sheet anchor role in the rain delayed game. Bowling duo Dr Sarika and Dr Arpita of team Warriors bundled the opposition in emphatic victory by 20 runs with 1.2 overs remaining.

MATCH 3

Winning the toss Chemistry et al team elected to field first, The Warriors had steady start and their captain Dr Meenakshi Kuhar got retired hurt (leg sprain). With the collective team efforts, The Warriors managed to score 64 runs for 4 wickets in the limited 10 overs.

In response to the target set by the Warriors, The Chemistry et al had a steady start with their strong batting lineup but the Warriors bounced back in the middle overs by taking wickets at regular intervals with the magical spell of Dr Sarika, Dr Arpita and Dr Robin. Team Warriors required 8 runs with 2 overs and 4 wickets left and their captain Dr Jai Vinod at the crease. Game changing moment was the catches taken by Dr. Manoj Giri in the mid on and Dr. Santosh and Dr. Kameshwar managed well to defend the runs in the last two overs, and the Warriors won the match by 4 runs.

Team Warriors stood as the champion of First Ever Mixed Gender T 10 tournament, 2019.



WINNERS OF MIXED GENDER T-10 TOURNAMENT 2019



EVENTS & INTERVIEWS

8TH INTERNATIONAL YOGA DAY 2022



On June 21, 2022, Sri Venkateswara College celebrated the 8th International Yoga Day.

This event was organised by the Department of Physical Education and Sports Committee in partnership with the Gandhi Study Circle. Mr. Jatin Mittal was the Yoga Instructor for the day and Ms. Shikha Singh was the Yoga Coach.

Mr. Jatin Mittal has six years of experience and he is a trained and experienced physical education trainer, yoga instructor, and teacher. He directed the crowd with various yoga asanas and he also explained the benefits of each asana. Mr. Jatin and yoga coach Ms. Shikha demonstrated a variety of breath-taking, exquisite yoga asanas that left everyone in

amazement. Around 30 faculty members and students enthusiastically participated in the event. Mr. Jatin also advised some participants regarding their health and food concerns. The event provided significant benefits to the participants.



ESHAAN DUGGAL

Q. First and foremost, Eshaan How did your badminton journey begin?

I've been playing badminton since I was in eighth grade; I enjoy other sports as well, but I wanted to pursue a career in this field. Over the years, I tried a number of sports and developed a great liking for sports. "So sure, I started playing badminton from there."

Q. What is your "typical day" like?

Every day, I get up at 6 a.m. I have my breakfast and stretch for a few minutes. My on-court session begins at 8 a.m. and lasts until 1 p.m. I then eat my lunch, rest for about an hour and start with my off-court practice. We have a core group, so we all are trained together. We occasionally conduct weight training, explosive workouts, agility, or running. Then I go home and spend time with my parents and study for about an hour.



Q. Aside from badminton, what other sports do you enjoy?

My favourite sport is unquestionably badminton, which I play professionally. But I've always enjoyed sports, so I enjoy cricket, table tennis, football, and swimming.

Q. Could you tell me about a childhood wish that came true? Which one objective are you still working on?

My childhood dream came true when I won the Delhi state championship. I'm striving hard to become a really good Indian badminton player.

Q. What do you do in your spare time?

I rarely have free time due to my hectic schedule, but when I do, I enjoy reading or watching documentaries on Netflix.

VAIBHAV KANDPAL

Q. How did you begin your cricket adventure, and when did you know that cricket was your genuine calling and that you wanted to pursue a career in this field?

I started with a plastic bat and a rubber ball. My father then sent me to an academy. Mr. Madan Lal was my coach. He was quite helpful to me during my childhood years. He taught me how to hold a bat with a good stance. When I got selected for under-19 cricket, That was the time when I realized that I had a lot of potential in this sport.

Q. Vaibhav In 2019, you scored 820 runs for the Delhi cricket team. How did your parents react to your accomplishments, and how did you react when you contributed such critical runs to your team?

More significantly, it was my team that I scored for, which allowed my team to qualify. Scoring 820 runs was not a goal. The major goal was to ensure my team's victory. It was a special time for me and my teammates because it was a series record. When I found out that I had been selected for the U-19 cricket squad, my parents were overjoyed.

Q. Following up on the parent question, every parent in an Indian household wants his child to become a doctor or an engineer since it provides better job stability; how does your parents reply to that?





My parents were very supportive from the start and had no limitations from their end, they assisted me greatly in every way.

Q. Who is your inspiration?

MS Dhoni Sir is my ideal. He is incredibly calm, and the way he handles difficult situations is wonderful. I try to emulate what he does in the field. Furthermore, he is from the same place as I am, which makes the bond all the more special.

Q. Amount of pressure and failure that a player has to deal with is huge. How do you overcome it?

Daily, I meditate a lot, which helps me to stay calm, and I believe that just because you had a bad day does not mean you will face the same issue the next day. I try to be optimistic in every situation.

Q. How has Sri Venkateswara College helped you shape your journey?

Sri Venkateswara College is a great institution, the teachers of this college are extremely helpful. There is a flexible mechanism to help sportspersons with attendance and assignments. The teachers were encouraging and helped me in attempting the assignments as well. I don't know how to thank everyone who helped throughout this journey.

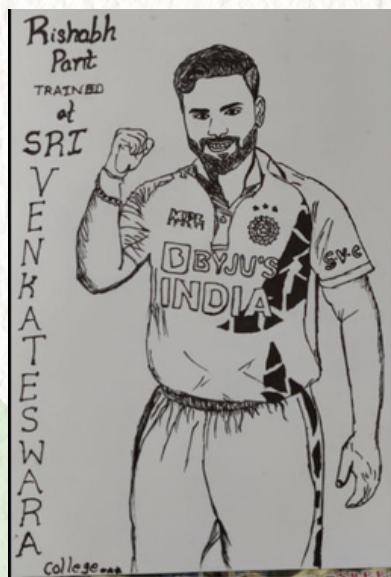
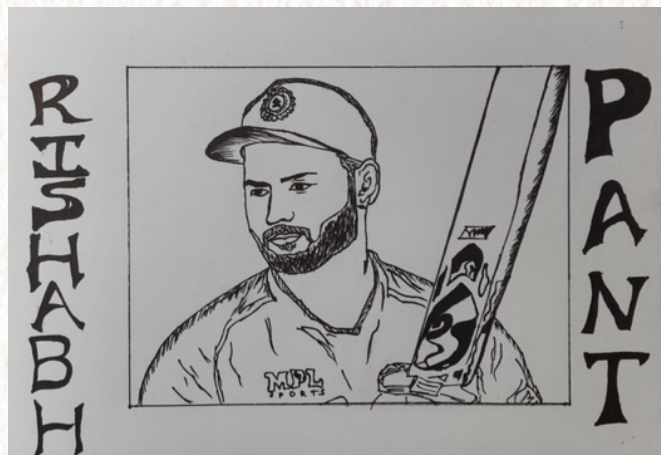
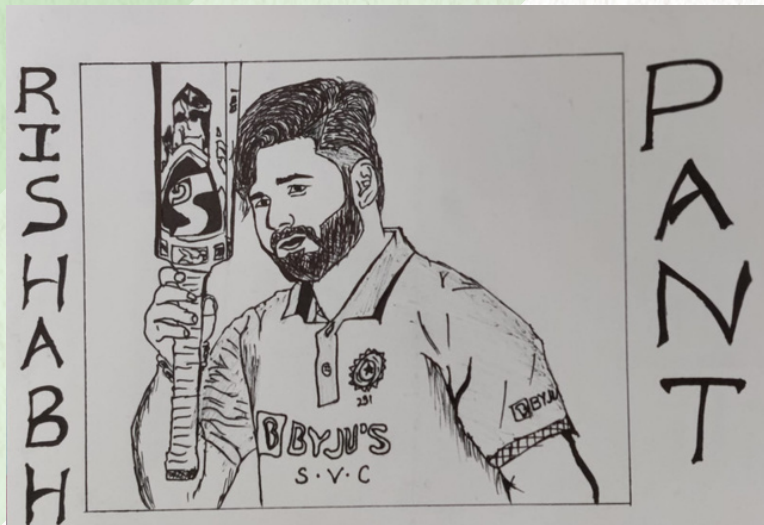
Q. What is your fitness regime?

Fitness is an essential component of every athlete's journey. In the morning, I spend two hours in the sports field doing various activities to keep myself fit, and in the evening, I go to the gym for weightlifting to acquire strength. Nowadays, no one can survive without fitness because specific parameters are specified for qualification in the squad.

Q. One piece of advice you would provide to an aspiring youngster?

I feel that the three most important things in our lives to attain success are consistency, focus, and dedication. If you are focused enough, you can do anything, whether it is academics or athletics. You must be dedicated, and you must strive to improve every day. If you are consistent, you can do anything in life.

STUDENT ART



Courtesy: Anumati Charan Teja, B.A.(H) Economics



*"Moving Forward With Resilience While
Striving for Excellence"*